



# DHCR Licensure Requirements For General Aesthetic Medicine

GUIDELINE

Department: Professional Licensing Department

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## DHCR Licensure Requirements for General Aesthetic Medicine

### INTRODUCTION

Dubai Healthcare City Authority – Regulatory (DHCR) regulates and licenses healthcare professionals in Dubai Healthcare City (DHCC). This guideline has been prepared to define the minimum licensure requirements for professionals intending to obtain a Dubai Healthcare City Authority (DHCA) license to practice in DHCC as General Aesthetic Medicine Professionals. General Aesthetic Medicine is all medical procedures that are aimed at improving the physical appearance and satisfaction of a patient using non-invasive or minimally invasive cosmetic procedures including but not limited to: Injections of Neurotoxins and Dermal fillers, Chemical Peels, Cosmetic Dermatology Treatments, and Body Contouring and Scar Management.

General Aesthetic Medicine title applies to General Medicine physicians with Aesthetic training. The applicant must comply with:

- The General Requirements for Licensure as a Healthcare Professional<sup>1</sup>; and
- The specific profession's minimum licensure requirements listed below:

### 1. PURPOSE

1.1	To set the minimum qualifications and experience required for General Aesthetic Medicine Professionals to obtain a DHCA license.
1.2	To ensure that a DHCA-licensed General Aesthetic Medicine Professional has the required training, knowledge, and experience to perform as a qualified General Aesthetic Medicine professional.
1.3	To ensure a high quality of service necessary to protect patients and consumers in DHCC.

### 2. SCOPE OF APPLICATION

2.1	The guidelines communicate to General Aesthetic Medicine professionals, Healthcare Operators with relevant services, or other DHCA relevant departments regarding the minimum licensure requirements of General Aesthetic Medicine Professionals.
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### 3. APPLICABLE TO

3.1	<ul style="list-style-type: none"> <li>- All healthcare professionals intending to apply for a license to practice in DHCC under the General Aesthetic Medicine category;</li> <li>- All healthcare operators providing or intending to provide General Aesthetic Medicine services in DHCC;</li> <li>- All regulatory departments involved in licensing, inspecting or evaluating General Aesthetic Medicine Professionals.</li> </ul>
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<sup>1</sup>This document should be read in conjunction with the '**Healthcare Professionals Licensure General Requirements - Guidance for Applicants**' document which can be accessed/downloaded from the Dubai Healthcare City Authority - Regulator website at [www.dhcc.ae](http://www.dhcc.ae).



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### 4. Guidelines

	Minimum Requirements
Professional Qualification	<p><b>Option 1:</b></p> <ul style="list-style-type: none"> <li>- DHCC license as General Medicine.</li> <li>- Certificate of successfully completing an Aesthetic Medicine Training Program from an accredited institute*.</li> </ul> <p><b>Option 2:</b></p> <ul style="list-style-type: none"> <li>- Completion of a Degree of a minimum of five (5) continuous years of education, of which at least four (4) years are devoted to formal Medical education from an institute/college/university listed by the Higher Education Affairs at the UAE Ministry of Education (MOE) and the World Directory of Medical Schools); <b>and</b></li> <li>- Completion of all the formal requirements for the degree corresponding to doctor of medicine or equivalent in a medical school and being awarded the Degree of Doctor of Medicine or its equivalent; <b>and</b></li> <li>- Completion of at least one (1) year of supervised structured Clinical training (internship) sponsored by a medical school post completion of the undergraduate's Medical education; <b>and</b></li> <li>- Certificate of successfully completing an Aesthetic Medicine Training Program from an accredited institute*.</li> </ul> <p><b>NOTE:</b> *Recognized Aesthetic Medicine Program must show evidence of the below requirements:</p> <ol style="list-style-type: none"> <li>a. Must consist of theoretical and practical components and is concluded by an Assessment.</li> <li>b. Must include, but is not limited to the following core elements: <ul style="list-style-type: none"> <li>○ Light-based therapies (hair removal, laser treatments),</li> <li>○ Cosmetic injectable (Botox, soft tissue fillers),</li> <li>○ Skin rejuvenation,</li> <li>○ Patient Safety, and</li> <li>○ Surgical Anatomy.</li> </ul> </li> </ol>
Clinical Work Experience	<ul style="list-style-type: none"> <li>- A minimum of three (3) years' experience in the field of Aesthetic Medicine or equivalent and;</li> </ul>



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	- Log book with proof of a minimum of 200 cases in Aesthetics.
<b>Professional License</b>	A current license to practice and/or registration as a General Practitioner from a Licensing Authority.
<b>Certificate of Good Standing (CGS)</b>	Issued in the last six (6) months from jurisdictions (licensing authority/professional membership body) in which the Applicant holds current license/registration to practice.
<b>English Proficiency Test</b>	Required if the graduate's education was not taught in English. TOEFL – a minimum score of 500 (paper based) and 64 (internet based test); <b>or</b> IELTS – a minimum band of 5.0 <b>or</b> equivalent.
<b>DHCA Licensing Exam</b>	Required - Oral or written (as applicable)

### 5. DEFINITIONS

5.1	General Aesthetic Medicine includes all medical procedures that are aimed at improving the physical appearance and satisfaction of a patient using non-invasive or minimally invasive cosmetic procedures including but not limited to: Injections of Neurotoxins and Dermal fillers, Chemical Peels, Cosmetic Dermatology Treatments, and Body Contouring and Scar Management
5.2	DHCA. Dubai Healthcare City Authority
5.3	DHCR. Dubai Healthcare City Authority- Regulatory
5.4	DHCC. Dubai Healthcare City